

2. (Twice amended) [An exercise] A networked force application system as recited in claim 1 wherein said local force application system is one of a plurality of local force application systems, each of which is in at least part-time communication with said first remote computer server system.

3. (Twice amended) [An exercise] A networked force application system as recited in claim 2 further comprising a second-level server computer system in at least part-time communication via a wide area network with said first remote computer server system, whereby said second-level server acts as a server to said first remote computer server system.

C/ 4. (Twice amended) [An exercise] A networked force application system as recited in claim 3 wherein said first remote computer server system is one of a plurality of remote computer server systems, each of which is in at least part-time communication with said second-level server computer system.

~~9.5~~ (Twice amended) A [local] networked force application system as recited in claim 4 wherein said script includes a plurality of resistance settings for said actuator.

C/ ~~5.6~~ 10. (Twice amended) A local system comprising:
at least one exercise apparatus;
at least one associated local computer monitoring a use of said exercise apparatus and, in response thereto, controlling an operation of said exercise apparatus based upon a modifiable script stored in a read/write memory of said local computer, said script being received over a wide area network interface from a remote server system.

C/ ~~7.8~~ 12. (Twice amended) A local system as recited in claim ~~11~~ ¹⁰, wherein said local computer can communicate with [a] said remote server system over said wide area network to provide said remote server system with local system data concerning said use of said exercise

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apparatus, and to receive remote server system data including at least a portion of a modified script to be stored in said read/write memory.

10 18. 11 (Twice amended) A method for controlling an exercise apparatus comprising:
running a modifiable script on a local computer to control the use and to monitor the operation of an exercise apparatus, said script being stored in read/write memory of said local computer, where the use of said exercise apparatus may be affected by said script and by said monitoring of said operation of said exercise device; and
04 communicating with a remote server system via a wide area network to provide said remote server system with data concerning said use of said exercise apparatus, and to receive from said remote server system data including at least a portion of a modified script to be stored in said read/write memory of said local computer.

10 16. 12 (Twice amended) A method for controlling an exercise apparatus as recited in claim 15 wherein said communicating comprises establishing a communication linkage including an Internet link between said local computer and said remote server system.

12 13 (Twice amended) A method for controlling an exercise apparatus as recited in claim 16 further comprising:
communicating between said remote server system and a second-level server system, such that remote server system data derived, at least in part, from said local computer can be communicated to said second-level server system, and such that second-level server system data can be communicated to said remote server system.
